

## SIX MONTHS I COULD NOT WORK

Lydia E. Pinkham's Vegetable Compound Made Me Strong and Able to Work—I Recommend It To All My Friends.

Bayonne, N. J.—"I had pains in back and legs so that I could not stand caused by female trouble. I felt so tired all the time, had bad headaches, and for six months I could not work. I was treated by a physician and took other remedies but got no relief. A friend told me about Lydia E. Pinkham's Vegetable Compound and it has helped me very much. I am well and strong and now able to do my work. I cannot thank you enough and I recommend your medicine to my friends who are sick."—Mrs. SUSIE SACATANSKY, 25 East 17th St., Bayonne, N. J.

It must be admitted by every fair-minded, intelligent person, that a medicine could not live and grow in popularity for over forty years, and today hold a record for such wonderful success as does Lydia E. Pinkham's Vegetable Compound, without possessing great virtue and actual worth. Such medicines must be looked upon and termed both standard and dependable by every thinking person.

Young America in Doubt.  
"What is an annuity, pa?"  
"Something you have got coming to you every year."  
"Is a birthday an annuity?"

## "DIAMOND DYES" DON'T RUIN YOUR MATERIAL

Women! Don't Buy a Poor Dye That Fades, Streaks, or Runs.

Each package of "Diamond Dyes" contains directions so simple that any woman can diamond-dye a new, rich, fadeless color into worn, shabby garments, draperies, coverings, whether wool, silk, linen, cotton or mixed goods. Buy "Diamond Dyes"—no other kind—then perfect results are guaranteed even if you have never dyed before. Druggist has color card.—Adv.

Practical Persons.  
"You never hear of anybody addressing a poem to his caddy."

"No."

"Still there must be bonds of sympathy and gratitude between many golf players and their faithful caddies."

"No doubt; but the average golf player has neither the time nor the ability to write poetry, and the average caddy would rather be presented with a dollar than a bound volume of eulogies."—Birmingham Age-Herald.

To abort a cold and prevent complications, take

# Calotabs

The purified and refined calomel tablets that are nausealess, safe and sure. Medicinal virtues retained and improved. Sold only in sealed packages. Price 35c.

## PHONOGRAPHS

AT FACTORY PRICES on four months' time. Dealers, write for complete information. THE EFFCEE COMPANY 334-335 Boatmen Bank Bldg., St. Louis, Mo.

## Little Friends of the Liver

The liver is the regulator of health. If the liver is active and well, good health and happiness prevail; but once you allow your liver to get torpid and sluggish, life becomes a misery. Dyspepsia, Indigestion, Biliousness, Constipation, Headaches and Melancholy result, you, resulting in lack of energy, loss of memory and ill health; but remember Carter's Little Liver Pills touch the liver and correct all liver ills. Small Pill—Small Dose—Small Price. DR. CARTER'S LITTLE LIVER PILLS, Nature's great nerve and blood tonic for Anemia, Rheumatism, Nervousness, Sleeplessness and Female Weakness. Contains most pure ingredients. *Benjamin Franklin* W. N. U., ST. LOUIS, MO. 18-1920.

## LABOR SHORTAGE NOW BEING FELT

Keep Rainy-Day and Wet-Land Jobs Out of Way of Rush Work in the Fields.

### ONE OF IMPORTANT FACTORS

Farm Laborers and Tenants Are Caught by Lure of High Wages and Are Leaving Farms for Cities—Some Simple Rules.

(Prepared by the United States Department of Agriculture.)

Do nothing today which can be put off until tomorrow.

That is an apparent perversion of the ancient and excellent proverb, and most people may be inclined to look upon it as pernicious—but, properly interpreted, it is a sound principle in farm management and one that a great many farmers will particularly need to apply in the face of the shortage of labor with which this year's crops must be made. It applies to tasks that interfere with work in the fields at times when field work can be done. It does not mean procrastination. It means getting the indirectly productive work done in advance, if possible, but if it can't be done in advance put it off till the rush work in the fields is out of the way. It is one of the important factors, say farm-management specialists of the United States department of agriculture, in full utilization of farm labor.

### Great Need This Year.

And full utilization is likely to be more important this year than it has ever been before. Reports coming to the department of agriculture from all sections of the country are to the effect that farm laborers and tenants are caught by the lure of high wages and are leaving the farms for the cities. A great many farmers, apparently, will be forced to carry on their operations this year with less help than they have ever had before. Unless such labor as is left on the farm is utilized to the best possible advantage, there is danger of a serious curtailment of production.

Farm-management specialists say, however, that a great deal can be accomplished toward helping production by getting the most out of the labor available. They lay down a few simple rules that they believe will help toward attaining this result.

The best farmer, they say, is the one who gets the other work out of the way and keeps the teams moving whenever the land is in condition for field work. The amount of products that a farmer can grow depends on getting the field work done when the weather will permit it. Nothing except necessary work like feeding and milking should be permitted to take

men from the fields, and it should be planned where possible to get these things done and still keep the horses working ten hours a day.

Plan no wet-land work, they say, when there is work in the fields that can be done. By wet-land work is meant such things as cutting weeds and brush in the fence rows, repairing the fences, repairing buildings and a great many other necessary things—but things that can be done just as well when the ground is too wet to plow.

### Rainy-Day Work.

Leave no rainy-day work, another rule says, to be done when it is not raining, for profits are limited by the amount of outdoor work that gets done. Rainy-day work is necessary work and if it is not done on rainy days it will have to be done later on fair days and will interfere with field work. It includes things that can be done under shelter, such as shelling seed corn, mending the harness, and repairing tools.

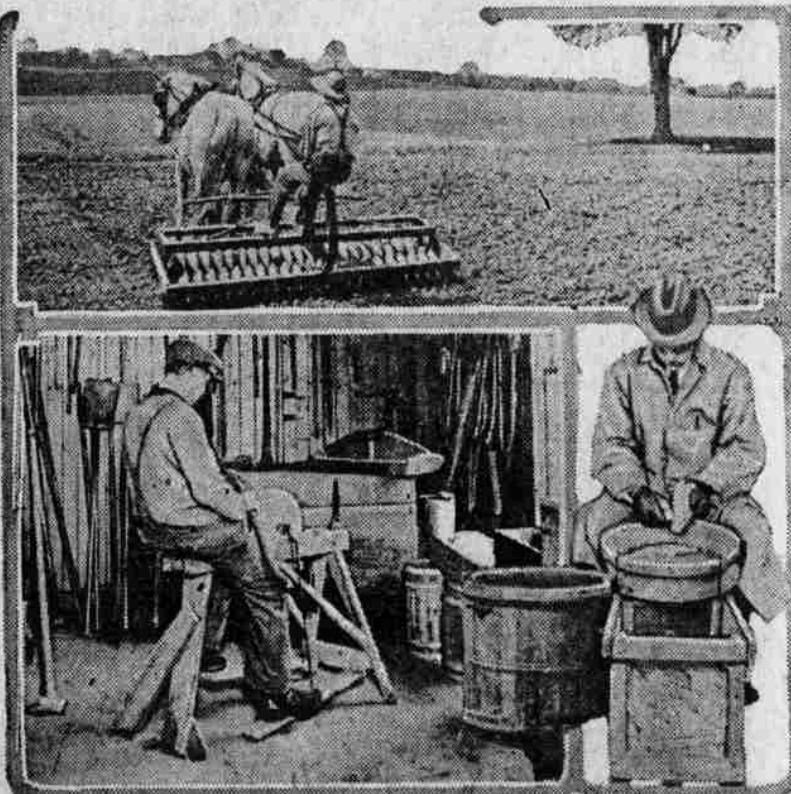
Put down in a note book, the specialists advise, the things that will need attention the next rainy day. This will enable you to plan your work quickly when you get up some morning and find the rain pouring down. Do first the jobs that are in danger of getting in the way of the next dry weather work.

Put in long days in rush seasons with the assurance that you can ease down on rainy days or when the rush is over. And then comes that first rule, "Do nothing today which can as well be put off till tomorrow." There are a great many things that cannot be put off till tomorrow. If sowing oats is delayed until the warm, dry days of late spring, there will be a light harvest. If the corn is not cultivated even for one week after it is old enough to cultivate, the fields will be weedy and the crops poor. If dairy cows are neglected, there will soon be no milk. This class of tasks, therefore, demands immediate attention. Put off the other things to more or less remote tomorrow when the rush work is out of the way.

### Back to Old Proverb.

Then, when the rush work is over revert to the proverb in its original form, "Put off nothing until tomorrow which can be done today." This applies to work that may be done any time within a wide latitude, but the time comes when it cannot be put off any longer and it may stop the rush work. Seed corn, for example, may be tested and shelled any time after it is thoroughly cured, but if the work is neglected until the fields are ready to plant, then that most profitable work in the cornfield may be delayed. That is a fair illustration of "get-it-out-of-the-way" work.

It takes more planning, more thinking, and more force of character to do this work, in seasons when there is no rush work than it does to concentrate on rush work. Only by using his head can the farmer handle the "get-it-out-of-the-way" work in advance, but he must apply the rule methodically and unflinchingly if he is to get ahead very fast in spite of shortage of labor.



If the indoor tasks are not done on indoor days, they will have to be done on outdoor days—but the outdoor tasks can't be done on indoor days.

## FARMER IS ENTERING FIELD OF MARKETING

Opportunity Offered to State and Federal Agencies.

Practice of Purchasing Supplies at Retail and Selling Products on Wholesale Basis Is Gradually Being Reversed.

Farmers' organizations, as well as the so-called regular dealers, need market information, and here state and federal agencies have a wide field for service because the farmer is actively entering the field of marketing. There are in this country today more than 15,000 farmers' business organizations, with a membership of approximately 2,000,000, according to the bureau of markets, United States department of agriculture. Almost all of these organizations are at local markets, but their extension in greater numbers to the terminal and distributing centers is only a matter of time. The farmer has been accus-

tomed to purchase supplies at retail and market his products on a wholesale basis. Organization will enable him to purchase supplies at wholesale and retain for himself some of the commissions of the middleman. More direct marketing also is expected to reduce prices paid by consumers.

## GENERAL FARM NOTES

Groom the cow twice daily, before milking.

The sky is a poor roof under which to store farm machinery.

Remove the manure from barn twice daily where animals are kept up all day.

Keep the long hairs on the udder clipped back so they will not carry dirt so easily.

Success lies not in the number of cows that a man keeps, but rather the kind of cows he keeps.

## URIC ACID IN MEAT CLOGS THE KIDNEYS

Take a Glass of Salts If Your Back Hurts or Bladder Bothers.

If you must have your meat every day, eat it, but flush your kidneys with salts occasionally, says a noted authority who tells us that meat forms uric acid which almost paralyzes the kidneys in their efforts to expel it from the blood. They become sluggish and weaken, then you suffer with a dull misery in the kidney region, sharp pains in the back or sick headache, dizziness, your stomach sours, tongue is coated and when the weather is bad you have rheumatic twinges. The urine gets cloudy, full of sediment, the channels often get sore and irritated, obliging you to seek relief two or three times during the night.

To neutralize these irritating acids, to cleanse the kidneys and flush out the body's urinous waste get four ounces of Jad Salts from any pharmacy here; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salts is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to flush and stimulate sluggish kidneys, also to neutralize the acids in urine, so it no longer irritates, thus ending bladder weakness.

Jad Salts is inexpensive; cannot injure, and makes a delightful effervescent lithia-water drink.—Adv.

## NEEDED TO TALK OUT LOUD

Doughboy Might Have Had Right Idea, but Surely He Had Never Driven Mules.

Returning soldiers tell a good story of a mule driver in France. He was driving a four-mule team hitched to a ration wagon and, as he told the story, he lost his way in the night and mist and drove right through the American trench line, which was not continuous at that point, and started rumbling along an old road which led across No Man's Land. He had gone a few rods when a doughboy jumped out of a listening post and began to signal to him with both hands.

"What's the matter?" shouted the driver.

"Hush!" said the doughboy in a low and agonized whisper. "You're headed straight toward the German lines. For God's sake turn around and don't speak above a whisper."

"Whisper, h—!" boomed the driver. "I've got to turn four mules around."

### Grasshopper Bait.

A year ago the grasshopper ate up nearly \$100,000,000 worth of our winter wheat. Science at once set about devising some scheme to control this pest. They mixed a concoction, on an enormous scale, known as "grasshopper bait," making 4,565 tons of it, or enough to fill 183 large railroad cars. To mix this bait they used 500,000 lemons, eighty-three tons of white arsenic and other ingredients in similar proportion. The bait was then scattered over a great area in Kansas. The grasshoppers ate it freely, with the expected result. This year there are no grasshoppers in Kansas.—Boys' Life.

### European Army Illiteracy.

Examination of recruits for the army and navy for the leading European countries showed the following percentage of illiteracy: Germany, 0.11; France, 4.90; England, 5.90; Austria, 23.80; Hungary, 28.10; Italy, 38.30; Russia, 61.70. The percentage of illiteracy in the United States army was 7.6.

No really good complexion comes out in the wash.

It takes an umbrella dealer to see the silver lining of a cloud.

# WRIGLEYS

The children love Wrigley's—and it's good for them.

Made under conditions of absolute cleanliness and brought to them in Wrigley's sealed sanitary package.

Satisfies the craving for sweets, aids digestion, sweetens breath, allays thirst and helps keep teeth clean.

Costs little, benefits much.



## COUNTRY OF BEE KEEPERS MOST PROLIFIC HYMN WRITER

In Lithuania the Production of Honey Has Become an Important National Industry.

In Lithuania, when a bee stings a man he turns the other cheek.

And almost literally, at that, because it is a sin to kill a bee, and no one ever commits that sin intentionally. As a result of their natural fondness for bees, Lithuanians, with the growth of their economic system, have developed bee raising from a general social custom to an important industry. Thousands of barrels of honey are exported from Lithuania annually.

Almost everyone in Lithuania has at least one bee hive. Sometimes they have swarms of thousands. But it is common even in the cities to have a man serve you mides that is made from the honey gathered in his garden hive. Midus, the national drink of Lithuania, is made from fermented honey.

### Why Not?

"In your address to the convention—"

"I shall confine myself to plain common sense. It is an experiment, but why shouldn't it work?"—Louisville Courier-Journal.

Forget the faults of other people.

Fanny Crosby Credited With the Composition of More Than 6,000 Popular Religious Lyrics.

Fanny Crosby, the blind writer of more than 6,000 hymns, had an interesting if uneventful career, according to a recent sketch in "Along Broadway," musical magazine. She lost her eyesight when only six years old and 12 years later, at the New York Institute for the Blind, she met and fell in love with the blind musician, Alexander Van Alstyne. They were married and lived happily. Mrs. Van Alstyne afterward becoming a teacher at the institute.

Many of Fanny Crosby's best known hymns are to be found in the popular Moody and Sankey gospel hymn books. The simple earnestness and true religious spirit of her hymns make them as popular as ever. Some of the best, including "Jesus Is Calling," "Only a Step to Jesus," "Come, Great Deliverer" and others have been sung by great artists and recorded for the phonograph.

Prosperity brings with it an intoxication which inferior natures never resist.—Balzac.

Patience is the art of hoping.—Vauvenargues.

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a big package of

# POSTUM CEREAL

weighing over a pound, net.

What are you paying for coffee?